Back in the Saddle - The Ride to Recovery















Clubs are asked to check with their landlord/lessor to see if restrictions are still in place for the use of grounds. Committees should assess the risks associated with resuming pony club activities and reconsider any aspect that does not comply with all local, state and federal government restrictions, social distancing and hygiene guidelines.



Frequently Asked Questions

1. Training Zones

- Outdoor venues may have up to 20 people per training zone at any one time.
- Each training zone should allow for 4 square metres per person.
- Physical distancing must be maintained by the participants in each zone.
- The spaces between gatherings and groups should ensure that there is suitable distancing to prevent one gathering encroaching on another.

2. Non-Club Members

- At this stage we are easing back into modified activities.
- Limiting activities to club members will make it easier for committees to administer their COVID Safety Plan.
- It will also be easier to recall activities and scale back if Government Restrictions are tightened again.

3. Overnight Camping

- Overnight camping does not follow the Get in, Train, Get Out philosophy that is being recommended by the State Government.
- By not allowing overnight camping it will make it easier for committees to administer their COVID Safety Plan.

4. Hiring out Club Grounds

- Our insurance broker will be approached to see if it is possible to allow extend our policy to allow for the hiring out of grounds outside of pony club activities.
- We would like to support our clubs to safely do so to recoup income lost from cancelled events.

5. Training Days and Competition

- Competition is not permitted under the Pony Club WA Trot Phase except for virtual competitions.
- Training Days can be conducted but at this stage would need to be limited to club members only.

6. Cleaning Requirements

- It is recommended that alcohol-based hand sanitiser is provided for customers at the entrance to the sporting facility. Alternatively, a hands-free hand basin with liquid soap and paper towels can be supplied for customer use.
- It is important to ensure thorough and regular cleaning of common contact surfaces, 'high touch' items and shared amenities, such as handles, taps, lunch rooms, EFTPOS keypads and toilets.
- It is recommended that the frequency of cleaning in all areas be increased. This is especially important in high traffic areas and any areas accessed by the public.
- If you think a surface may be contaminated, clean it with a common household disinfectant to kill the virus.
- Cleaning products should be chosen that are approved for the surface to be cleaned.
- In general, combined detergent/disinfectant solutions or wipes are acceptable for hard surfaces.
- Some products such as bleach can damage fabrics, stainless steel and other surfaces.
- For most general cleaning tasks, a neutral detergent with pH between 6 and 8 should be used.
- The use of combined detergent / disinfectant wipes is acceptable, or solutions can be prepared fresh each day.
- If using a bleach solution look for products which give you a 1000ppm (0.1%) bleach solution either neat or when diluted with water.
- Always follow the manufacturer's instructions if any detergent or disinfectant products require mixing with water or dissolving prior to use.
- Remember to never mix different cleaning products as in some instances toxic gases can be generated.

7. Responding to a COVID-19 Incident

- If you are aware that someone with a case of COVID-19 has been to your club grounds, ring the COVID-19 Public Hotline 24/7 on 1800 020 080 and follow the advice of health officials.
- If someone is confirmed as having COVID-19 or is getting tested for COVID-19, they should already be at home.
- However, there may be circumstances where a member or visitor to your grounds is displaying COVID-like symptoms or shares information (e.g. they have been in close contact with someone that has the virus) that causes you to have reasonable concerns about their health and the health of others.

Where this occurs:

Keep others away from the person

If the person has serious symptoms such as difficulty breathing, call 000 for urgent medical help. Otherwise, you must take steps to prevent the person from potentially spreading the virus by keeping others away from the person. The measures taken must be reasonable.

Seek advice and assess the risks

To determine if it is reasonable to suspect the person may have COVID-19, talk to the person about your concerns and seek government health advice where necessary. Any member or participant who appears unwell should be requested to leave or to isolate away from the group or class as appropriate. People under 18 should not be left alone. Return to the group should only occur following medical advice.

Transport

Ensure the person has safe transport home, to a location they can isolate, or to a medical facility if necessary.

Clean and disinfect

Close off the affected areas and do not let others use or enter them until they have been cleaned and disinfected. Open outside doors and windows if possible to increase air flow.

Assisting public health to identity close contacts

Notify the state public health unit by contacting the COVID-19 Public Hotline 24/7 on 1800 020 080. The state public health unit may ask for your attendance records to identify close contacts of a confirmed COVID-19 case so that they can contact them and provide them with instructions, for example, in relation to quarantine requirements. Public health officers have a range of powers that require you to provide information including personal information.