

Focused on Flatwork

C* AND B LEVEL

The syllabus gives the backbone to the requirements.

C* RIDER

- Position independent of reins.
- Understand forward driving and restraining aids
- Contact.... candidate to show that they can maintain a consistent, steady feel with the horse's mouth. Horse does not need to show a shortening of the frame.
- Rhythm at all paces.
- Ride with accuracy, perform transitions at markers.
- Diagonals: Sit and rise on correct diagonal by feel.
- School figures.
- Lengthening stride.
- Explanation of the aids for a circle.
- Turn on the forehand.

B RIDER

- Position and application of aids.
- Understanding of importance of warm up, assess and explain what is or isn't being achieved by the horse.
- Accepting the bit and being on the bit.
- Ride and explain turn on forehand, leg yield, lengthening of stride.
- Understanding of rhythm, tempo, straightness and impulsion.
- Basics not highlighted in the syllabus that are crucial to the training:
 - Straightness and the understanding of suppleness, obedience, flexion and bend.
 - Knowledge of the Dressage scale of training.