

K EFFICIENCY STANDARD MARKING SHEET

RIDER		DOB	
CLUB		ZONE	
VENUE		DATE	
CHIEF EXAMINER			
EXAMINERS			
OVERALL RESULT	COMPETENT (Yes/No)	EXAMINER	
<i>PRESENTATION</i>			
<i>COMPULSORY RIDING</i>			
<i>HORSE HANDLING</i>			
<i>HORSE CARE</i>			
<i>GENERAL KNOWLEDGE</i>			
<i>OPTIONS – SECTION A</i>			
<i>OPTIONS – SECTION B</i>			
<i>OPTIONS – SECTION C</i>			
<i>PONY CLUB SERVICE</i>			
RESULT OVERALL	<input type="checkbox"/> Pass	<input type="checkbox"/> Supplementary Section Required	
<i>SUPPLEMENTARY SECTIONS REQUIRED</i>			
<i>DATE (not to be re-presented before)</i>			
<i>SIGNED (Chief Examiner)</i>			
<i>SIGNED (Zone K Coordinator)</i>			
PLEASE RETURN TO CANDIDATE ONCE COMPLETE			



PONY CLUB
WESTERN AUSTRALIA

Candidate Name:

PRESENTATION		
Formal Pony Club Uniform		
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Jodhpurs		
Shirt & Tie		
Boots & Hat		
Hair/Net		
Badge		
Jumper (optional according to weather)		
Equipment		
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Fit of Bridle		
Cleanliness of Bridle / Condition / Safety		
Fit of Saddle Cloth		
Fit of Saddle		
Cleanliness of Saddle / Condition / Safety		
Any other equipment		
Horse		
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Presented as for Formal Pony Club Competition Which includes plaiting ONLY by the candidate		
Grooming – Presentation / Condition of Horse		
Eyes, Nostrils & Dock		
Hooves		
General Condition		
Overall Impression		
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Punctuality and Courtesy		
Competency		
Signed (Examiner)		Date
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Candidate Name:

COMPULSORY RIDING		
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
The horse should trot and canter calmly on either rein Show some fast work using whip, polo stick or the like. Test show the riders agility such as mounting without stirrups, bareback, mount and dismount at trot and canter Candidate to show he/she is capable and effective at fast paces and at least moderately agile		
Lead one horse from another Ride a horse and lead another at walk and trot - Change horse from one side to another safely - Know safety considerations for leading a saddled horse - Know road rules applicable to led horses		
Riding at a given pace Candidate to be able to ride at the following paces: - 220 mpm - 300 mpm - 350 mpm - 400 mpm - 450 mpm		
Overall Impression		
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Riders understanding of feel, contact, the aids in relation to the above topics		
Competency		
Signed (Examiner)		Date
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Candidate Name:

HORSE HANDLING			
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS	
Handle a horse safely and efficiently on the ground. Candidate to approach the horse from the shoulder and demonstrate a calm firm manner			
Demonstrate how to hold a horse for a veterinarian or farrier. Handler must stand on the same side as the person working on the horse			
Lead a horse through a gateway saddled and unsaddled. Horse to be led straight through the gateway. Gate should be securely open so as not to swing closed on horse. Stirrups must be up			
Handle a horse's legs safely. Candidate to pick up and hold the horses front and back legs as if for shoeing Demonstrate, without actually removing the shoe, the stages of removing a shoe with the correct tool at each stage			
Tie a horse up securely and safely. Use a knot other than a quick release eg. Bowline, round turn and two half hitches			
Worksheets			
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS	
Record of Practical Experience			
Overall Impression			
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS	
Punctuality and Courtesy			
Competency			
Signed (Examiner)		Date	
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Candidate Name:

HORSE CARE			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
<p>Explain how to do a regular check of a horse and paddock and know what to look for while doing this. Candidate must</p> <ul style="list-style-type: none">• Recognise if the horse is exhibiting unusual behaviour• Check the paddock for any fence damage, unusual weeds, debris and excessive manure• Make sure water supply is clean and adequate			
<p>Explain how to care for and work a grass fed horse. Recognise that pastures change in nutritional value with the seasons and that the horse may need to be supplemented with hay or hard feed at certain times depending on its workload</p>			
<p>Recognise poisonous plants and weeds in candidate's local area. Candidate to name three poisonous plants or weeds from their area</p>			
Stabling			
<p>Explain how to care for a horse stabled for a short period of time Recognise the importance of bulk feed and concentrates. Outline a stable routine, including mucking out and turning out. Describe different types of bedding and their care. Safety aspects of stabling</p>			
Feeding Watering and Conditioning			
<p>Understand principals of feeding and watering Explain at least eight rules of feeding and how they affect the horse. Candidate must state that feed must be fed by weight not volume when working out a ration</p>			
<p>Recognise good quality and poor-quality hay Candidate should know about the colour, smell and texture of each</p>			
<p>Understand feeding in relation to the type of work the horse is doing. Candidate to have knowledge of feed in relation to work. As the workload increases so must the type of food the horse is fed. The type of feed is also related to the type of work the horse is asked to do</p>			
<p>Outline a programme to bring a horse back in to work after a long spell. Candidate must know that this is done gradually and that the number of weeks required will depend on the level of fitness required for the activity, the level of fitness of the horse at the beginning, any underlying health issues. The feed increasing gradually as the workload increases. Should also include care of teeth, feet and drenching. Outline a programme to get a horse fit to compete in active competition. Candidate to outline a programme for their chosen discipline</p>			



Candidate Name:

<p>Explain the importance of the warm up and cool down when exercising or training the horse. Candidate to explain the importance of both the horse's physical and mental well-being. Outline a programme to let a horse down prior to spelling. Candidate to explain that this must be done gradually. Decrease feed and work and remove rugs gradually over a period. Attend to teeth, feet and worming</p>			
Grooming Trimming and Clipping			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
<p>Groom efficiently and effectively Candidate to demonstrate grooming routine including the use of dandy brush, body brush and curry comb. Picking out feet and brushing mane and tail</p>			
<p>Plait for competition Candidate to demonstrate how to plait one mane plait, elastic bands may be used.</p>			
<p>Identify and name different types of clipping patterns and reasons they are used. Candidate to identify the following clips. Full, Belly, Trace, Hunting and Blanket</p>			
<p>Explain how to prepare a horse for clipping and how to care for it once it is clipped. Candidate must know horse should be washed and dry prior to clipping. It should have extra rugs to make up for the hair removed</p>			
Care of Feet and Shoeing			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
<p>Name and explain the function/use of the following farrier's tool. Candidate to name and explain the use of the following tools: hammer, buffer, rasp, drawing knife, pincers, hoof cutters and clencher Should also indicate the features of a horse shoe nail and how it would be used.</p>			
<p>Recognise and explain the features of a correctly shod foot. Candidate to explain the shoes on their own horse and why it is shod that way. Understand that the shoe must fit the hoof, clenches should be even and not too low on the foot. Hoof should not be rasped excessively</p>			
<p>Explain how to take off a shoe naming the tools used at each step. Candidate to hold the horses leg correctly and demonstrate, without actually removing the shoe, the stages of removing a shoe with the correct tool at each stage</p>			
<p>Explain the structure of the horse's foot. Candidate to identify the following; heel, bulbs of heel, cleft and point of frog, bars, wall, toe and white line and coronet band</p>			



Candidate Name:

Transport of Horses			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
Explain what parts of the float or truck need regular maintenance. Must include, brakes, lights, floor, ramp tyres, hitch and ball, breeching bar or safety chain			
Outline safety procedures that must be followed when loading and unloading a horse. Candidate to explain the loading procedure and outline safety aspects to be observed, including - Horse must not be tied up while the ramp is being raised or lowered. The person raising or lowering the ramp to stand to the side not directly behind the ramp or horse If travelling one horse it should be loaded on the high or right hand side of the float			
Load and unload a quiet horse with assistance, paying particular attention to the safety of both horse and handler			
Health, Ailments, Injuries			
Produce own practical veterinary kit and equipment for emergency use. Discuss how each item in the kit is used Candidate to have a basic Horse First Aid Kit. Must include cotton wool, elastic bandages, scissors, antiseptic spray or cream. Some form of bandage pad or combined dressing such a Gamgee.			
Demonstrate a bandage for injury			
Describe when they would call a Veterinarian and what equipment they would have ready. Candidate should know the signs of a healthy horse so they can describe any symptoms to the Veterinarian			
Discuss the normal temperature, pulse and respiration of a horse at rest. Candidate should know the three readings of a healthy horse at rest and how to take each			
Describe a healthy horse. Candidate must be able to describe a healthy horse, including eyes, alertness, condition, coat, legs, appetite. Type and quantity of manure			
Describe the symptoms of a sick horse. Candidate should be able to describe the opposite symptoms for each of the above healthy signs			
Describe a horse in good and poor condition. Candidate to recognise that condition relates to more than just a fat stomach, coat, eyes and muscles are also important			
Describe how to control worms, bots and other parasites both internally and externally. Candidate must explain a worming programme depending on how their horse is kept and understand about paddock care such a s harrowing, manure pick up and a paddock rotation			
Describe to actions of a lame horse. Candidate to explain that a lame horse does not move with a regular gait. In more			



Candidate Name:

severe cases it uses its head or neck to try and keep weight off the injured leg			
Describe how to treat deep wounds and skin disorders. Candidate to explain how to apply pressure to a wound to stop bleeding. The candidate should have knowledge of skin disorders such a mud fever, ring worm and greasy heel			
Discuss vaccinations that a horse should have. Candidate to explain how and when they are given and must include tetanus and strangles and any regional ones of importance			
Outline the care of a horse's teeth. Candidates to outline how often and why a horse's teeth need attention. Explain the symptoms a horse would show if its teeth need attention			
Age a horse by its teeth up to eight years. Estimate the age after eight years Candidate to tell the age of three different horses by their teeth			
Knowledge of the treatment of: greasy heel, seedy toe, laminitis, cold, colic, strangles. Candidate to explain the treatment of the above including following veterinary advice.			
Saddlery and Equipment			
Fit the following correctly <ul style="list-style-type: none"> •Saddle •Snaffle bridle •Cavesson, Hanovarian, Drop and Grackle nosebands •Running martingale Stockman's or hunting and elastic breastplates Candidates should know that checking and fit of a saddle should be done without a saddle blanket. They should recognise that the saddle must be clear of the wither and should not pinch the shoulder. Candidate must demonstrate that the saddlery they are using fits their horse correctly and know how to fit the items described above			
Identify and explain the function of bits in everyday use. Candidate should identify and know the action of a single and double jointed snaffle, a half-moon snaffle, a dutch gag, a curb bit such as a Kimblewick or Pelham			
Demonstrate or explain how to care for and clean saddlery and rugs. Candidate to Explain how they care for their saddlery. Should include method of removing sweat and grime and a recognition of when it requires oiling. Explain how to clean the rugs they use on their horse			
Fit leg protection for exercise Candidate to demonstrate how to: Fit front and back exercise boots and bell boots ß Apply and stitch an exercise bandage, must include a pad			



PONY CLUB
WESTERN AUSTRALIA

Candidate Name:

GENERAL KNOWLEDGE			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
Outline the structure of Pony Club. At Club, Zone, State and National Level. Candidate to explain this structure.			
Pony Club Service			
Competency			
Signed (Examiner)		Date	
PLEASE RETURN TO CANDIDATE ONCE COMPLETE			

The examiner/s decision as to the result of any test within the pony club movement will be final.

Organisers – Please fill out the Examination report form and send results to Pony Club WA

PLEASE RETURN THIS FORM TO CANDIDATE

Candidate Name:



OPTIONS - SECTION A	
OPTIONS	REQUIREMENTS
Showjumping	The candidate must <ul style="list-style-type: none"> - Complete a minimum of three 90cm courses, - Be conversant with the Pony Club, EA and FEI rules of showjumping
Cross Country Riding	The candidate must: <ul style="list-style-type: none"> - Complete a minimum of two ODE cross country courses at 90cm - Be conversant in the Pony Club, EA and FEI rules of competition
Show of agility with the Horses	The candidate must: <ul style="list-style-type: none"> - Show a considerable ability, for example ride bareback at varied paces, vaulting, gymnastics on horseback, bareback jumping etc.
Tent Pegging	The candidate must: <ul style="list-style-type: none"> - Be able to show proficiency with the lance - Have taken part in a Tent Pegging Competition - Know the rules of the competition
Stockwork/Campdrafting	The candidate must: <ul style="list-style-type: none"> - Have had extensive experience in handling mobs of sheep, cattle or horses, on horseback - Be able to use a stockwhip Or <ul style="list-style-type: none"> - Participate in at least three campdrafting competitions - Be conversant in the ACA rules
Polo or Polocrosse	The candidate must: <ul style="list-style-type: none"> - Be able to show proficiency with the stick and ball - Have some game experience - Know the rules of the chosen game.
Dressage	The candidate must: <ul style="list-style-type: none"> - Have reached EA Preliminary or equivalent Pony Club standard - Have completed at least five tests and have gained at least 55% of the marks under approved judges. (eventing dressage is not acceptable)
Hunting	The candidate must: <ul style="list-style-type: none"> - Have taken part in at least three meets - Know the etiquette and customs
Mounted Games	The candidate must: <ul style="list-style-type: none"> - Have competed in a team - Be able to demonstrate vaulting - Be conversant with the rules for the chosen games
Any other ridden activity as approved by the State K Coordinator	The candidate must: <ul style="list-style-type: none"> - Be proficient at the activity chosen - Be conversant with the rules for their chosen ridden activity.

Candidate Name:



OPTIONS - SECTION B

OPTIONS	REQUIREMENTS
Knots	The candidate must <ul style="list-style-type: none"> - Demonstrate five knots and their uses in horse and stable management - Splice a rope - Backsplice or whip the end
Course Designing for Showjumping	The candidate must: <ul style="list-style-type: none"> - Have assisted a recognised Course Designer on at least three occasions. The account of the work to appear in the worksheets and be signed by the course designer. - Have assisted at Pony Club - Be conversant with the rules which apply to course designing - Have knowledge of distances and related fences etc. - Have an awareness of safety
Course Designing for Cross Country	The candidate must: <ul style="list-style-type: none"> - Have assisted a recognised Course Designer on at least three occasions. The account of the work to appear in the worksheets and be signed by the course designer.
Leather Work	The candidate must: <ul style="list-style-type: none"> - Be able to cut out and stitch leather and do simple repairs
Clipping	The candidate must: <ul style="list-style-type: none"> - Prepare and clip a horse - Know the after care of the clipped horse - Demonstrate the use of clippers and the care thereof - Know the types of clip patters and their applications
Shoeing Candidate to provide a demonstration horse.	Under Farrier supervision, the candidate must: <ul style="list-style-type: none"> - Remove a shoe - Trim the foot - Refit a shoe
Lungeing	The candidate must: <ul style="list-style-type: none"> - Know the principles, benefits and potential dangers of lungeing - Know the correct equipment required for horse and handler - Understand safe practices to be adopted when lungeing - Demonstrate control of the horse at walk, trot and canter - Demonstrate how to start the horse off correctly - Demonstrate the warm up phase - Demonstrate the work session - Demonstrate the cool down phase Horse to be turned out as for presentation, with correct, well fitting and well cared for gear. Snaffle bridle to be used including reins correctly secured but no noseband. Correctly fitting lunge cavesson with jowl strap and rings Saddle, including stirrups correctly secured. Boots or bandages must be used. Lunge whip to be of correct length and in good condition. Lunge rein to be of suitable length and thickness.
Float/Truck Maintenance	The candidate must be conversant with: <ul style="list-style-type: none"> - Tyre type and pressure (including spare) - Condition of bearings - Condition of floor and ramp - Lights - Coupling/hitch - Be able to check the braking system - Ventilation - State towing rules
<p>Any other non-riding, horse related activity as approved by the State K Coordinator.</p>	

Candidate Name:



OPTIONS - SECTION C

OPTIONS	REQUIREMENTS
Endurance Riding	The candidate must <ul style="list-style-type: none">- Have trained a horse for and ridden in, a training endurance ride of up to 80km- Know the rules for endurance riding- Be responsible for the preparation, including feeding programmes, training and care of the horse both during and after the ride
Track Work	The candidate must: <ul style="list-style-type: none">- Ride a racehorse, or drive a trotter/pacer during trackwork- Have acquired sufficient ability to be of use to the trainer. Note: The track work must be carried out under the direction of a licenced trainer
Carriage Driving/ Harness	The candidate must: <ul style="list-style-type: none">- Harness a horse and vehicle- Demonstrate driving skills- Be able to care for harness and equipment- Be familiar with safety requirements
A Project	The candidate must: <ul style="list-style-type: none">- Complete a project on any subject involving horses. For example, pottery, painting, carpentry, history etc.
Breaking In	The candidate must: <ul style="list-style-type: none">- Assist a horse breaker at work. Although the candidate is not required to actually break in a horse, he/she must be able to give a clear picture of how this is carried out
Mare and Foal	The candidate must have experience in: <ul style="list-style-type: none">- The care of a mare before and after foaling- The foals first handling- The care of the foal for the first year
Showing	The candidate must: <ul style="list-style-type: none">- Prepare and present for the show ring for both led and ridden classes- Have competed in a minimum of three official shows
First Aid	The candidate must: <ul style="list-style-type: none">- Hold a current first aid certificate to approved state standard
Community Service	The candidate must: <ul style="list-style-type: none">- Participate in the activity for a period of at least six months. The activity need not be with horses, for example, reading to the blind, mowing lawns for the elderly, assisting at Riding for the Disabled etc.
Any other youth oriented activity as approved by the State K Coordinator.	

Candidate Name:



BRONZE, SILVER and GOLD ENDORSEMENTS

A candidate wishing to continue with K type work may do so by adding further options at a later date.
Note: One endorsement may be awarded for 80% or more being awarded for worksheet presentation

OPTIONS	REQUIREMENTS
Bronze	- One further option
Silver	- Two further options from two different sections
Gold	- Three further options from three different sections

FURTHER OPTIONS	COMPETENT (Yes/No)	COMMENTS

Competency			
Signed (Examiner)		Date	

PLEASE RETURN TO CANDIDATE ONCE COMPLETE