

C STAR EFFICIENCY STANDARD MARKING SHEET

RIDER		DOB	
CLUB		ZONE	
VENUE		DATE	
CHIEF EXAMINER			
EXAMINERS			
OVERALL RESULT	COMPETENT (Yes/No)	EXAMINER	
<i>WORKBOOK</i>			
<i>PRESENTATION</i>			
<i>RIDING ON THE FLAT</i>			
<i>JUMPING (Fences 70-85cm)</i>			
<i>LUNGEING</i>			
<i>HORSE HANDLING & PRACTICAL ASSESSMENT COMPONENTS</i>			
<i>HORSE CARE</i>			
<i>GENERAL KNOWLEDGE</i>			
RESULT OVERALL	<input type="checkbox"/> Pass	<input type="checkbox"/> Supplementary Section Required	
<i>SUPPLEMENTARY SECTIONS REQUIRED</i>			
<i>DATE (not to be re-presented before)</i>			
<i>SIGNED (Chief Examiner)</i>			
<i>SIGNED (Zone K Coordinator)</i>			
PLEASE RETURN TO CANDIDATE ONCE COMPLETE			



PONY CLUB
WESTERN AUSTRALIA

Candidate Name:

PRESENTATION			
Formal Pony Club Uniform			
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS	
Jodhpurs			
Shirt & Tie			
Boots & Hat			
Hair/Net			
Badge			
Jumper (optional according to weather)			
Equipment			
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS	
Fit of Bridle			
Cleanliness of Bridle / Condition / Safety			
Fit of Saddle Cloth			
Fit of Saddle			
Cleanliness of Saddle / Condition / Safety			
Any other equipment			
Horse			
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS	
Presented as for Formal Pony Club Competition Which includes plaiting ONLY by the candidate			
Grooming – Presentation / Condition of Horse			
Eyes, Nostrils & Dock			
Hooves			
General Condition			
Overall Impression			
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS	
Punctuality and Courtesy			
Competency			
Signed (Examiner)		Date	
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Candidate Name:

RIDING ON THE FLAT		
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Mount & Dismount from either side. Vault Optional Using correct mounting procedures. Candidate to mount safely on both near and off side of the horse		
Alter stirrup length on the move. With reins in one hand candidate must alter the stirrup length. Foot to be kept in the stirrup at all times.		
Ride with reins in one hand. Demonstrate control of horse on both reins in walk, trot and canter. Reins may be held in either hand		
Work with confidence without stirrups at walk, trot and canter. Candidate to maintain a balanced position without stirrups at walk, trot and canter		
Demonstrate correct position at all paces, independent of the reins. Candidate to remain balanced in upright seat, without interfering with the horse's mouth		
Sit to the trot and rise on correct diagonal from sitting trot. Candidate to rise on the correct diagonal from sitting trot by feeling the footfalls, without looking down		
Change diagonal smoothly. While changing trot diagonals the rider should not interfere with the horse's balance or rhythm.		
Recognise diagonal and leading leg by feel. Candidate to recognise the leading leg without looking down.		
Recognise the driving aids play a part in the establishing and maintaining contact. Candidate must understand the concept of the forward driving aids, creating the energy that needs to be controlled by the rider with a soft steady rein aid, thus establishing contact		
Maintain a consistent contact through the reins. The horse must accept the contact at all paces. Candidate to demonstrate that they can maintain a consistent, steady feel with the horse's mouth. Horse does not need to show a shortening of the frame		
Developing working trot and canter and rhythm at all paces. Candidate should understand the importance of rhythm for ongoing training. They should be able to demonstrate a steady rhythm and maintain it for short periods.		



Candidate Name:

REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Ride with accuracy, including performing transitions at markers. Candidate to recognise the importance of accuracy in riding figures and transitions. Know that it is the rider's body that should be in line with the maker when a movement or transition is performed.		
Walk, trot and canter a given number of strides. Candidate to be able to feel and count the strides at all paces. They must demonstrate intervals of 5 and 7 at both paces.		
Know the aids for, and demonstrate the following		
A circle, demonstrate each circle in a 20 x 60m		
10 Metre Circle at Walk		
15 metre circle at Trot		
20 Metre Circle at Canter		
A 3 loop Serpentine in a 20x60m Arena		
Lengthened strides at a trot while maintaining balance and rhythm		
Canter change of leg through trot while maintaining balance & rhythm		
Turn on forehand, both reins Be able to show the beginnings of moving off the leg not necessarily at halt. Horse to remain calm and show definite walk strides.		
Correct use of a dressage whip. To hold the whip in either hand, depending on the rein the horse is travelling on – whip to be held across the thigh and used behind the leg as necessary Must change the whip from hand to hand without upsetting the horse's balance.		
Lead a horse from another while mounted at walk. Ensure led horse is wearing a bridle Hold the ridden horse's reins in the other hand Led horse should have his head level with the rider's knee Demonstrate leading in both directions.		
Competency		
Signed (Examiner)		Date
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Candidate Name:

JUMPING			
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS	
Jumping fences up to 85cm, minimum height 70cm.			
Demonstrate an established and secure jumping position. Candidate must stay in a balanced and secure position between and over the fence			
Demonstrate correct rein contact (including short and long releases). Candidate to demonstrate an independence of the reins whilst in jumping position. Including the release over the fence			
Ride correctly over trot poles and cavaletti. Candidate to maintain a steady rhythm in the approach and over the cavaletti and to understand the benefits of the exercise			
Walk the course, and ride various types of cross country fences. Candidates to walk and/or discuss the correct approach to riding a variety of fences including an uphill approach, downhill approach, drop fence, ditch and water obstacles and understand how terrain and weather conditions can affect cross country jumps and distances.			
Walk the course, and ride a showjumping course, including a combination. Analyse the course Must be able to jump a simple course of obstacles up to 85cm – course to include an upright and spread obstacles and a double combination Should be able to maintain a steady rhythm throughout			
Rider at a given pace, not exceeding 450 meters per minute, with horse staying calm throughout. Demonstrate riding at 220, 350, 400 and 450 metres per minute. Horse remain in a balanced steady outline. Rider to remain in a balanced position			
Competency			
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Candidate Name:

LUNGEING			
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS	
Identify the reasons for lungeing. Candidate to outline four reasons.			
Identify and use the correct equipment for lunging for both horse and handler. Candidate to fit gear correctly Candidate may use a lungeing roller, side reins not permitted Recommended that the horse has leg protection			
Lunge an experienced, quiet horse at walk, trot, and halt on both reins.			
State safety factors for both horse and handler			
Demonstrate correct use and control of the lunge whip and reins at all times when lungeing and leading the horse			
Recognise the need for a safe enclosed work area with sound footing			
Wear suitable footwear, approved helmet and gloves			
Control and handle the lunge rein			
Give clear and consistent commands			
Control the horse on a large circle with even contact on the rein in both directions			
Halt horse on command			
Work horse equally well in both directions			
Competency			
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Candidate Name:

HORSE HANDLING and PRACTICAL ASSESSMENT COMPONENTS		
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Handle a horse safely and efficiently on the ground. Candidate to approach the horse from the shoulder and demonstrate a calm firm manner		
Demonstrate how to hold a horse for a veterinarian or farrier. Handler must stand on the same side as the person working on the horse		
Lead a horse through a gateway saddled and unsaddled. Horse to be led straight through the gateway. Gate should be securely open so as not to swing closed on horse. Stirrups must be up		
Handle a horse's legs safely. Candidate to pick up and hold the horses front and back legs as if for shoeing Demonstrate, without actually removing the shoe, the stages of removing a shoe with the correct tool at each stage		
Tie a horse up securely and safely. Use a knot other than a quick release eg. Bowline, round turn and two half hitches		
Tie hay net up correctly Candidate to <ul style="list-style-type: none">• Tie up hay net so it is secure and will not get too low and allow horse to get feet tangled when it is empty• Tie to something solid with a quick release knot• Turn net so the knot is underneath to prevent the horse untying it when eating		
Recognise and name the following and explain their uses: Barley, bran, chaff, linseed, lucerne, oats, pellets, rice, molasses, and salt Candidate to be shown an example of each. They must identify it and state how and why it is fed		
Load and unload a quiet horse with assistance, paying particular attention to the safety of both horse and handler. Candidate to demonstrate the above criteria when loading a quiet horse		
Produce own practical veterinary kit and equipment for emergency use. Discuss how each item in the kit is used Candidate to have a basic Horse First Aid Kit. Must include cotton wool, elastic bandages, scissors, antiseptic spray or cream. Some form of bandage pad or combined dressing such a Gamgee.		



Candidate Name:

REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Demonstrate a bandage for injury		
Age a horse by its teeth up to eight years. Estimate the age after eight years Candidate to tell the age of three different horses by their teeth		
Fit the following correctly <ul style="list-style-type: none">• Saddle• Snaffle bridle• Cavesson, Hanovarian, Drop and grackle nosebands• Running martingale• Stockman's or hunting and elastic breastplates Candidates should know that checking and fit of a saddle should be done without a saddle blanket. They should recognise that the saddle must be clear of the wither and should not pinch the shoulder. Candidate must demonstrate that the saddlery they are using fits their horse correctly and know how to fit the items described above		
Identify and explain the function of bits in everyday use. Candidate should identify and know the action of a single and double jointed snaffle, a half-moon snaffle, a dutch gag, a curb bit such as a Kimblewick or Pelham		
Produce candidates grooming kit. Candidate to explain how to clean it		
Groom efficiently and effectively. Care of mane and tail. Candidate to demonstrate grooming routine including use of dandy brush, body brush and curry comb. Picking out the feet and brushing mane and tail		
Plait for competition Candidate to demonstrate how to plait one mane plait. Elastic bands may be used		
Fit leg protection for exercise Candidate to demonstrate how to: Fit front and back exercise boots and bell boots Apply and stitch an exercise bandage, must include a pad		
Competency		
Signed (Examiner)		Date
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Candidate Name:

HORSE CARE			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
<p>Explain how to do a regular check of a horse and paddock and know what to look for while doing this. Candidate must</p> <ul style="list-style-type: none">• Recognise if the horse is exhibiting unusual behaviour• Check the paddock for any fence damage, unusual weeds, debris and excessive manure• Make sure water supply is clean and adequate			
<p>Explain how to care for and work a grass fed horse. Recognise that pastures change in nutritional value with the seasons and that the horse may need to be supplemented with hay or hard feed at certain times depending on its workload</p>			
<p>Recognise poisonous plants and weeds in candidate's local area. Candidate to name three poisonous plants or weeds from their area</p>			
<p>Understand principals of feeding and watering Explain at least eight rules of feeding and how they affect the horse. Candidate must state that feed must be fed by weight not volume when working out a ration</p>			
<p>Recognise good quality and poor quality hay Candidate should know about the colour, smell and texture of each</p>			
<p>Understand feeding in relation to the type of work the horse is doing. Candidate to have knowledge of feed in relation to work. As the workload increases so must the type of food the horse is fed. The type of feed is also related to the type of work the horse is asked to do</p>			
<p>Outline a programme to bring a horse back in to work after a long spell. Candidate must know that this is done gradually and that the number of weeks required will depend on the level of fitness required for the activity, the level of fitness of the horse at the beginning, any underlying health issues. The feed increasing gradually as the workload increases. Should also include care of teeth, feet and drenching. Outline a programme to get a horse fit to compete in active competition. Candidate to outline a programme for their chosen discipline</p>			
<p>Explain the importance of the warm up and cool down when exercising or training the horse. Candidate to explain the importance of both the horse's physical and mental well-being. Outline a programme to let a horse down prior to spelling. Candidate to explain that this must be done gradually. Decrease feed and work and remove rugs gradually over a period. Attend to teeth, feet and worming</p>			



Candidate Name:

Grooming Trimming and Clipping			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
Identify and name different types of clipping patterns and reasons they are used. Candidate to identify the following clips. Full, Belly, Trace, Hunting and Blanket			
Explain how to prepare a horse for clipping and how to care for it once it is clipped. Candidate must know horse should be washed and dry prior to clipping. It should have extra rugs to make up for the hair removed			
Care of Feet and Shoeing			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
Name and explain the function/use of the following farrier's tool. Candidate to name and explain the use of the following tools: hammer, buffer, rasp, drawing knife, pincers, hoof cutters and clencher Should also indicate the features of a horse shoe nail and how it would be used.			
Recognise and explain the features of a correctly shod foot. Candidate to explain the shoes on their own horse and why it is shod that way. Understand that the shoe must fit the hoof, clenches should be even and not too low on the foot. Hoof should not be rasped excessively			
Explain the structure of the horse's foot. Candidate to identify the following; heel, bulbs of heel, cleft and point of frog, bars, wall, toe and white line and coronet band			
Saddlery, Equipment and Transport			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
Explain what parts of the float or truck need regular maintenance. Must include, brakes, lights, floor, ramp tyres, hitch and ball, breeching bar or safety chain			
Outline safety procedures that must be followed when loading and unloading a horse. Candidate to explain the loading procedure and outline safety aspects to be observed, including - Horse must not be tied up while the ramp is being raised or lowered. The person raising or lowering the ramp to stand to the side not directly behind the ramp or horse If travelling one horse it should be loaded on the high or right hand side of the float			
Demonstrate or explain how to care for and clean saddlery and rugs. Candidate to Explain how they care for their saddlery. Should include method of removing sweat and grime and a recognition of when it requires oiling. Explain how to clean the rugs they use on their horse			



Candidate Name:

Health, Ailments and Injuries			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
Describe when they would call a Veterinarian and what equipment they would have ready. Candidate should know the signs of a healthy horse so they can describe any symptoms to the Veterinarian			
Discuss the normal temperature, pulse and respiration of a horse at rest. Candidate should know the three readings of a healthy horse at rest and how to take each			
Describe a healthy horse. Candidate must be able to describe a healthy horse, including eyes, alertness, condition, coat, legs, appetite. Type and quantity of manure			
Describe the symptoms of a sick horse. Candidate should be able to describe the opposite symptoms for each of the above healthy signs			
Describe a horse in good and poor condition. Candidate to recognise that condition relates to more than just a fat stomach, coat, eyes and muscles are also important			
Describe how to control worms, bots and other parasites both internally and externally. Candidate must explain a worming programme depending on how their horse is kept and understand about paddock care such a s harrowing, manure pick up and a paddock rotation			
Describe to actions of a lame horse. Candidate to explain that a lame horse does not move with a regular gait. In more severe cases it uses its head or neck to try and keep weight off the injured leg			
Describe how to treat deep wounds and skin disorders. Candidate to explain how to apply pressure to a wound to stop bleeding. The candidate should have knowledge of skin disorders such a mud fever, ring worm and greasy heel			
Discuss vaccinations that a horse should have. Candidate to explain how and when they are given and must include tetanus and strangles and any regional ones of importance			
Outline the care of a horse's teeth. Candidates to outline how often and why a horse's teeth need attention. Explain the symptoms a horse would show if its teeth need attention			
Knowledge of the treatment of: greasy heel, seedy toe, laminitis, cold, colic, strangles. Candidate to explain the treatment of the above including following veterinary advice.			
Competency			
Signed (Examiner)		Date	



PONY CLUB
WESTERN AUSTRALIA

Candidate Name:

GENERAL KNOWLEDGE			
REQUIREMENTS	COMPETENT (Yes/No)	WORKSHEETS (Yes/No)	COMMENTS
Outline the structure of Pony Club. At Club, Zone, State and National Level. Candidate to explain this structure.			
Competency			
Signed (Examiner)		Date	
PLEASE RETURN TO CANDIDATE ONCE COMPLETE			

The examiner/s decision as to the result of any test within the pony club movement will be final.

Organisers – Please fill out the Examination report form and send results to Pony Club WA

PLEASE RETURN THIS FORM TO CANDIDATE