

# 'C' EFFICIENCY STANDARD MARKING SHEET

RIDER		DOB	
CLUB		VENUE	
EXAMINER		DATE	
OVERALL RESULT		COMPETENT (Yes/No)	COMMENT
<i>WORKBOOK</i>			
<i>PRESENTATION</i>			
<i>RIDING</i>			
<i>JUMPING</i>			
<i>HORSE HANDLING</i>			
<i>HORSE CARE</i>			
<i>GENERAL KNOWLEDGE</i>			
<b>RESULT OVERALL</b>			
<b>WORKBOOK</b>			
REQUIREMENTS		COMPETENT (Yes/No)	COMMENTS
SECTION 2 – Presentation – Activity 1			
SECTION 3 – Riding – Activities 1-25			
SECTION 4 – Horse Handling – Activities 1-3			
SECTION 5 – Horse Care – Activities 1-22			
<b>PRESENTATION</b>			
REQUIREMENTS		COMPETENT (Yes/No)	COMMENTS
Rider to be in formal pony club uniform including badge.			
Horse – clean & tidy but not necessarily clean to the skin, especially in cold weather. Plaiting not required.			
Hooves – clean and evidence of care			
Gear – clean and correctly fitted			
<b>OVERALL IMPRESSION</b> Including Punctuality and Courtesy			

<b>RIDING</b>		
<b>REQUIREMENTS</b>	<b>COMPETENT (Yes/No)</b>	<b>COMMENTS</b>
Mount & Dismount from either side. A mounting block may be used		
Alter stirrups whilst mounted Foot must be in stirrup at all times		
Demonstrate how to tighten girth whilst mounted Foot must be in stirrup at all times, and to front of saddle		
Ride with reins in either hand at walk trot and canter Must change reins from one hand to the other and steer and stop horse with reins in one hand		
Balance exercise at halt and walk		
Knowledge of and correct use of natural aids Name three natural aids; explain basic aids to make pony go forward or stop		
Change direction at all paces		
Increase and decrease pace in both trot and canter		
Knowledge of paces and footfalls Know beat and footfalls of walk, trot, canter & gallop		
Walk and trot on a long rein Know the difference between long & Loose rein Be able to steer & control on long rein		
Walk and trot without stirrups and sitting trot for short periods Pommel of saddle should be used to re-establish position		
Know and use the correct diagonal Able to identify which diagonal they are on and able to change diagonal		
Recognise leading leg at canter Rider may drop eyes to check		
Canter on a nominated leading leg		
Hand Gallop – be in forward seat and maintain control at all times; return through paces calmly; know whether they have galloped or not (i.e.3 or 4 beats) must be safe area to do so!		
Show proficiency in active riding i.e. mounted games, bareback riding, polocrosse, novelties or any activity as approved by Examiner		

<b>GENERAL IMPRESSION</b>		
Rider's feel and understanding		
<b>JUMPING</b>		
<b>REQUIREMENTS</b>	<b>COMPETENT (Yes/No)</b>	<b>COMMENTS</b>
Jumping fences 50cm – 65cm height including spread fences		
Jumping combinations with a minimum of one non-jumping stride		
Riding a small showjumping course <ul style="list-style-type: none"> <li>• Have basic knowledge of how to walk a showjumping course and why</li> <li>• Demonstrate a balanced jumping position</li> <li>• Allow the horse freedom to round over the fence by adequately allowing with the hands over the fence (correctly fitted neckstraps are recommended)</li> <li>• Present the horse with a straight approach to each fence</li> <li>• Have basic knowledge of rules</li> </ul>		
Riding over varied terrain, including some cross country obstacles Rider must maintain balanced position over varied terrain including obstacles		
<b>GENERAL IMPRESSION</b>		
Candidate's safety, knowledge and efficiency.		
<b>HORSE HANDLING</b>		
<b>REQUIREMENTS</b>	<b>COMPETENT (Yes/No)</b>	<b>COMMENTS</b>
Pick up and clean out hind feet Candidate must pick up and clean out hind feet		
Tie a horse up with correctly fitting adjustable halter or head collar The horse must be tied up in a suitable place, with the rope the correct length. A quick release knot must be used.		
<b>GENERAL IMPRESSION</b>		
Candidate's safety, knowledge and efficiency.		
<b>HORSE CARE</b>		
<b>REQUIREMENTS</b>	<b>COMPETENT (Yes/No)</b>	<b>COMMENTS</b>
Describe what to look for when choosing a paddock for your horse Candidate to recognise safe fencing, good water supply, shade/shelter, pasture quality, paddock		



hazards		
Outline a daily feeding and watering routine of own horse Know what their own horse is fed State 5 rules of feeding		
Tie a Haynet / bag up correctly Secure, not too low, to something solid with quick release knot, turn bag so knot underneath		
Preparation for a Pony Club camp – List 4 things you would do to prepare horse <ul style="list-style-type: none"> <li>• Regular exercise to get horse fit</li> <li>• Clean &amp; repair Saddlery &amp; equipment</li> <li>• Inoculations up to date i.e. strangles</li> <li>• Farrier attended to feet</li> <li>• Increase feed according to exercise</li> </ul>		
Grooming kit and uses: <ul style="list-style-type: none"> <li>• Identify contents of grooming kit and explain uses of each item; Body brush, dandy brush, curry comb, water brush</li> <li>• Groom horse to C Standard</li> </ul> Washing horse– <ul style="list-style-type: none"> <li>• Know when appropriate and what care needs to be taken</li> </ul>		
Elementary knowledge of shoeing and care of the feet <ul style="list-style-type: none"> <li>• Know how often a horse should be shod and understand when a horse needs shoeing or reshoeing</li> <li>• Understand care of unshod foot</li> </ul>		
Explain the use of farrier's tools Buffer, hammer, pincers, cutters, knife, rasp		
Prepare a horse for travel – using leg bandages – or boots & Tail bandage Consider safety points when applying boots or bandages		
Recognise health and condition of horse <ul style="list-style-type: none"> <li>• List 5 signs of health horse – coat condition, eyes, nostrils, alertness, skin condition</li> </ul>		
Knowledge of prevention and treatment of girth gall, sore back, and sore mouth		
Knowledge of how to prevent tetanus Vaccinations and how often booster's given		
Knowledge of worm and bot control. Knowledge of particular worms <u>not required</u> Understand how often a horse should be wormed and the necessity of changing the active chemical		



Knowledge of basic first aid for horses – know & demonstrate what your basic first aid kit should contain		
When to call the vet Show some understanding of when a horse requires professional vet treatment and have the ability to notice that all is not well and understand when treatment is needed		
Know causes and prevention of laminitis (founder) Know symptoms, causes and prevention		
Know common causes of injuries notice objects, practices or activities that may result in injury to horses		
Know signs and symptoms of: Cold, Colic, Greasy heel, Lameness, minor wounds, Seedy Toe, Stone in the foot, Strangles, Swelling and heat in the leg or foot, Thrush		
Know Points of the horse, colours and markings Poll, point of hip, dock, hind quarters, gaskin, flank, stifle, jowl, breast, ribs, coronet, pastern, fetlock, cannon bone, forearm, chestnut, ergot		
Identify basic colours of nominated horses		
Identify basic face and leg markings on nominated horses		
Describe their own horse's colour and markings		
Know How to Measure the height of a horse Understand units of measurement		
Care of the teeth and the reasons why Understand why a horse's teeth get sharp know how often teeth should be checked		
Saddlery and Equipment: fit of saddle and bridle <ul style="list-style-type: none"><li>• Fit own saddle in the correct position on horse's back for safety and comfort of horse</li><li>• Understand pommel and gullet clearance</li><li>• Use of saddle blanket of appropriate size so no pressure points</li><li>• Know how to tell if a bridle and bit is correctly fitted for safety and comfort of horse</li></ul> Know how to Care for Saddlery		
Parts of Saddle: cantle, waist, gullet, sweat flap		
Describe & understand use of: Martingale, breastplate, surcingle & crupper		

Fit, use and care of rugs <ul style="list-style-type: none"> <li>• Safety aspects of rugging</li> <li>• Demonstrate how to rug a quiet horse</li> <li>• Demonstrate how to fold a rug on a place on horse</li> <li>• Know when to rug &amp; not rug a horse</li> <li>• Explain correct fitting of rugs</li> <li>• Know how to care for rugs</li> </ul>		
<b>GENERAL IMPRESSION</b> Candidate's safety, knowledge and efficiency.		

GENERAL KNOWLEDGE		
REQUIREMENTS	COMPETENT (Yes/No)	COMMENTS
Know the names of Pony Club Zone personnel: President or Secretary		
Knowledge of Pony Club Competitions as applicable to state of WA <ul style="list-style-type: none"> <li>• Name 3 State Championship Events</li> </ul>		
<b>GENERAL IMPRESSION</b> Candidate's safety, knowledge and efficiency.		
Comments:		

ASSESSMENT DETAILS	
EXAMINER (Print Name)	
SIGNATURE of EXAMINER	

***THE EXAMINER/S DECISION AS TO THE RESULT OF ANY TEST WITHIN THE PONY CLUB MOVEMENT WILL BE FINAL.***

***Organisers – Please fill out the Examination report form and send to Pony Club WA***

**PLEASE RETURN THIS FORM TO CANDIDATE**